



The Sensory Diet Summation



Ideally the Sensory Diet is created by collaborating with a diverse team of varied expertise. This may include the student's parent, occupational therapist, general education teacher, special education teacher, physical therapist, speech pathologist, psychologist, instructional assistant, etc. The discipline with the greatest expertise in sensory processing disorders is commonly the Occupational Therapist. Whenever possible, the OT should be included and optimally will lead the creation of a sensory diet.

Target Behavior #1 _____ will be addressed by:		
<input type="checkbox"/> Increasing <input type="checkbox"/> Decreasing stimulation to the sensory area(s) of	<input type="checkbox"/> Tactile	<input type="checkbox"/> Auditory
	<input type="checkbox"/> Oral	<input type="checkbox"/> Vestibular
	<input type="checkbox"/> Olfactory	<input type="checkbox"/> Proprioceptive
	<input type="checkbox"/> Vision	<input type="checkbox"/> Interoceptive
Using this activity		
With this frequency		

Target Behavior #2 _____ will be addressed by:		
<input type="checkbox"/> Increasing <input type="checkbox"/> Decreasing stimulation to the sensory area(s) of	<input type="checkbox"/> Tactile	<input type="checkbox"/> Auditory
	<input type="checkbox"/> Oral	<input type="checkbox"/> Vestibular
	<input type="checkbox"/> Olfactory	<input type="checkbox"/> Proprioceptive
	<input type="checkbox"/> Vision	<input type="checkbox"/> Interoceptive
Using this activity		
With this frequency		

Target Behavior #3 _____ will be addressed by:		
<input type="checkbox"/> Increasing <input type="checkbox"/> Decreasing stimulation to the sensory area(s) of	<input type="checkbox"/> Tactile	<input type="checkbox"/> Auditory
	<input type="checkbox"/> Oral	<input type="checkbox"/> Vestibular
	<input type="checkbox"/> Olfactory	<input type="checkbox"/> Proprioceptive
	<input type="checkbox"/> Vision	<input type="checkbox"/> Interoceptive
Using this activity		
With this frequency		